



## FLIP OUR HOOD

Project name	Flip Our Hood
Amount requested	\$16,000 out of \$16,000
Applicant	Stephanie Dowden
Auspiced by	Connecting Community for Kids
About the project	<p>Where: Cockburn region</p> <p>To help support men to be physically and mentally active and have a healthier connected life. This 6-week program will bring together men to create and build a nature play space for their suburb, and be the catalyst for their reconnection with self, health and others and to rediscover their champion within</p> <p>There is a growing number of men who are socially isolated, do not seek health care and generally are struggling in a rut. They would like to connect more with their community, but don't know how or where to start.</p> <p>Suburb specific focus, so is a sustainable activity for the long term          Play space can either be located within a local park or school          Participants to be engaged through promotion, referral, word of mouth          Through the 6-week program a weekly component of health and wellbeing will be embedded</p> <p>Participants will design, create and build their nature space, and become the local custodians of this facility</p>
Who will benefit from the project?	<p>40 men total (10 men attending each six-week program). Referred via each organisation, social media, Cockburn Integrated Health</p> <p>Partners:          Connecting Community for Kids          The Fathering Project          Nature Play WA          NursePrac Australia</p>
Summary	<p>We believe by supporting our project we will create a valued nature play space in each suburb which provides the opportunity to support men to be physically and mentally active and have a healthier connected life. We can achieve this with your support! Thank you!</p>

# BUDGET

Materials	In-kind	
Advertising	In-kind	
Other Coordinator		\$10,000.00
Other Health Professional		\$5,000.00
Other Design support		\$1,000.00
Total:		\$16,000.00